NEGENES 2 – MENTAL HEALTH RESOURCES

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| Resource | Who this resource serves | Payment information | Geographic region served |
| [National Suicide Prevention Line](https://suicidepreventionlifeline.org/)  Phone: 1-800-273-8255 | Individuals at risk of suicide | Services are free | All of U.S. – national hotline |
| [Open Path Psychotherapy Collective](https://openpathcollective.org/)  Phone: 1-800-268-2833 | Adults, couples, children, and families | Open Path does not take insurance, but connects people with reduced rate services | All of the U.S. – nationwide network of mental health professionals |
| [UNC Medical Center Mental Health services](https://www.uncmedicalcenter.org/uncmc/care-treatment/mental-health/)  Phone (Adult Outpatient): 984-974-5217  Phone (Child and Adolescent Care): 984-974-2199 | Adults, children, and adolescents with psychiatric disorders | All patients accepted, regardless of insurance status | All of North Carolina and surrounding states |
| [Freedom House Recovery Center](http://freedomhouserecovery.org/adult-services/free-counseling-services/)  Phone: (919) 942-2803  Phone (Chapel Hill Crisis Unit): 919-967-8844  Phone (Orange and Person County mobile crisis teams): 1-877-967-8844 | Adults and children | Services are free for financially qualified individuals | Orange, Durham, Chatham, and Person counties in North Carolina |
| [UNC Department of Psychology Community Clinic](https://clinic.unc.edu/)  Phone: 919-962-6906 | Adults, couples, children, and families | All patients accepted, regardless of insurance status | The Triangle (Raleigh, Durham, Chapel Hill) area of North Carolina |
| [The Triangle Coalition for Suicide Prevention](https://trianglesuicideprevention.org/)  Phone: 919-215-0271  Phone (HopeLine): 919-231-4525  or toll free 1-877-235-4525  Phone (Teen TalkLine): 919-231-4525 or toll free 1-877-235-4525 | Individuals at risk of suicide, and survivors of suicide loss | Services are free | The Triangle (Raleigh, Durham, Chapel Hill) area of North Carolina |
| [Carolina Partners in Mental HealthCare](https://www.carolinapartners.com/)  Phone: 919-929-9610 | Adults, couples, children, and families | Medicare and select other insurance plans accepted | The Triangle area and Asheville, North Carolina |
| [Western North Carolina Community Health Services](http://www.wncchs.org/index.html)  Phone: (828) 285-0622 | Adults, children, and families | Plans available for Medicare and Medicaid recipients, and uninsured individuals | Asheville and Western North Carolina |
| [Trillium Health Resources](http://www.trilliumhealthresources.org/)  Phone: 1-877-685-2415 | Individuals with substance use, mental illness, and intellectual/ developmental disabilities | Plans available for Medicaid recipients and uninsured individuals | Greenville and Eastern North Carolina |
| [Port Health](https://www.porthealth.org/)  Phone: 252-830-7540  Phone (Crisis line): 1-866-488-7678 | Adults and youth | Medicare, Medicaid, and select other insurance plans accepted | Greenville and Eastern North Carolina |